

Barcelone, 25th and 26th June 2020

SYMPOSIUM

Too Old For The ICU?

dedicated to the critically
“very elderly ICU patient”

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Preliminary Programme

Hospital
Universitari
Sagrat Cor



Introduction

There has been a steady increase in the group of very elderly patients that is admitted to our ICUs.

These elderly patients have specific age-related problems, different presentation of diseases and, more importantly, other views on what constitutes appropriate treatment.

Undeniably, caring for older patients frequently poses ethical and practical challenges both prior to and during ICU admission. Decision making requires an in-depth understanding of ageing and its consequences on normal organ function, together with close communication with family and other caregivers.

During a two-day symposium we will highlight several of these aspects. You will be asked to actively participate in discussions with an international panel-members and audience. Several knowledgeable researchers in the field of elderly patients will present their study results and discuss with you what future research is needed to improve the care of this important patient group.

Scientific Committee:

- A. Artigas, MD** (Sabadell, Spain)
- B. Guidet, MD** (Paris, France)
- H. Flaatten, MD** (Bergen, Norway)
- D. deLange, MD** (Utrecht, The Netherlands)

Local Organizing Committee:

- A. Artigas, MD** (Sabadell, Spain)
Corporación Sanitaria Universitaria Parc Taulí, CIBER Respiratory Diseases, Autonomous University of Barcelona. Intensive Care Department, University Hospital Sagrado Corazón- General de Catalunya, QuirónSalud, Barcelona, Spain
- M. Ibarz, MD** (Barcelona, Spain)
University Hospital Sagrado Corazón, QuirónSalud, Barcelona, Spain
- D. de Mendoza, MD** (Barcelona, Spain)
University Hospital Sagrado Corazón, QuirónSalud, Barcelona, Spain. CIBER Respiratory Diseases
- C. Cillóniz, MD** (Barcelona, Spain)
Pulmonology Department, Clinic Hospital of Barcelona, CIBER Respiratory Diseases, University of Barcelona, Barcelona, Spain
- A. Torres, MD** (Barcelona, Spain)
Pulmonology Department, Clinic Hospital of Barcelona, CIBER Respiratory Diseases, University of Barcelona, Barcelona, Spain

List of Speakers

A. Artigas, MD

Sabadell, Spain

M. Chew, MD

Linköping, Sweden

C. Cillóniz, MD

Barcelona, Spain

H. Flaatten, MD

Bergen, Norway

B. Guidet, MD

Paris, France

M. Ibarz, MD

Barcelona, Spain

C. Jung, MD

Düsseldorf, Germany

D. de Lange, MD

Utrecht, The Netherlands

I. López-Alonso, MD

Oviedo, Spain

S. López-Cuenca, MD

Getafe, Spain

D. de Mendoza, MD

Barcelona, Spain

A. Morando, MD

Cremona, Italy

R. Moreno, MD

Lisbon, Portugal

A. Torres, MD

Barcelona, Spain

H. Vallet, MD

Paris, France



The Intensive Connection



Hospital
Universitari
Sagrat Cor

Too Old For The ICU?

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Thursday 25th June, 2020

12:30 – 13:00 Registration

13:00 - 13:30 Opening Session

Session 1

Moderator: H. Vallet, MD (Paris, France)

13:30 – 14:00 **Keynote lecture: Lessons from the VIP studies**

H. Flaatten, MD (Bergen, Norway)

14.00 - 14.20 **The molecular basis of frailty and ageing in critical ill patients**

I. López-Alonso, MD (Oviedo, Spain)

14.20 – 14.40 **Immunosenescence**

H. Vallet, MD (Paris France)

14.40 – 15.00 **Functional reserve in the elderly. Living on the Edge**

TBC (TBC)

15.00 – 15.20 **Coffee-Break**

Thursday 25th June, 2020

Session 2

Moderator: A. Artigas, MD (Sabadell, Spain)

15.20 – 15:40 **Illness trajectories in elderly patients**

N. Lone, MD (Edinburgh, UK)

15:40 – 16:00 **Ethical challenges with ICU admission in the very old**

B. Guidet, MD (Paris, France)

16:00 – 16.20 **Predicting Outcome in Elderly patients – is this possible?**

D. de Lange, MD (Utrecht, the Netherlands)

16.20 – 16.40 **ICU Trial in the very old. A multi professional approach to limitation of therapy**

TBC (TBC)

16.40 – 17.40 **Interactive session 1: (via mobile phone)
Should you admit this patient to the ICU?**

Moderator: TBA

Discussants: TBA

Session 3

Moderator: H. Flaatten, MD (Bergen, Norway)

- 09:00 – 09:20 **How to find the frail patient in the ICU?**
S. López-Cuenca, MD (Getafe, Spain)
- 09:20 – 09:40 **Acute ICU admissions versus planned surgery – does it matter?**
C. Jung, MD (Düsseldorf, Germany)
- 09:40 – 10:00 **Adapting severity scores to fit the elderly population**
R. Moreno, MD (Lisbon, Portugal)

Session 4

Moderator: M. Chew, MD (Linköping, Sweden)

- 10:00 – 10:20 **Delirium in critical ill elderly patients – will we ever prevent it?**
A. Morandi, MD (Cremona, Italy)
- 10:20 – 10:40 **Functional outcome – more important than mortality?**
M. Chew, MD (Linköping, Sweden)

Friday 26th June, 2020

10:40 – 11:00 **The Second victim: family and friends**
B. Guidet, MD (Paris, France)

11:00 – 11:20 **Coffee-Break**

Session 5

Moderator: C. Cilloniz, MD (Barcelona, Spain)

11:20 - 11:40 **Sepsis in the very old**
M. Ibarz, MD (Barcelona, Spain)

11:40-12:00 **Cardiovascular challenges in the very old**
C. Jung, MD (Düsseldorf, Germany)

12:00-12:20 **Acute respiratory failure in the very old,**
A. Artigas, MD (Barcelona, Spain)

12:20- 13:20 **Pneumococcal disease in the very old.
Prevention strategies including vaccination**
A. Torres (Barcelona, Spain)

13:20-13:40 **Lunch**

Session 6

Moderator: M. Ibarz, MD (Barcelona, Spain)

13:40 – 14:00 **Evaluating organ dysfunction in the very old?**
R. Moreno, MD (Lisbon, Portugal)

14:20 – 14:40 **The old ICU patients, cost/benefit?**
D. de Lange, MD (Utrecht, The Netherlands)

14:40 – 14:50 **Panel Session:**
Future VIP research: what must we know the next 10 years
Moderator: H. Flaatten, MD (Bergen, Norway)

14:50 - 15:50 **Interactive session 2: Sedation and analgesia in the very old**
Moderator: M. Chew, MD (Linköping, Sweden)
Discussants: TBA

15:50 - 16:00 **Closing remarks**

Registration Form

Dates: June, 25th-26th, 2020

Technical Secretariat

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Conference Centre

Paraninfo - Faculty of Medicine

Casanova Street, 143
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Members	<input type="radio"/> 100 Euros	<input type="radio"/> 150 Euros
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*A letter signed by the Institution responsible is required to get this fee.

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- Attendance to the Scientific Program
- Conference Documents
- Certificate of Attendance
- Coffeefe Breaks

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