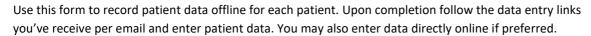
VIP2/POETICS2 study patient data form





| For use only at investigators s | orte: |
|---------------------------------|---|
| Patient name: | Patient ID: |
| Admitted to ICU date: | |
| Date of death (If dead): | |
| Patient no. 1,2,3 etc.: | (to match this paper record with the online record) |
| Write or circle correct answer | rs below and enter online. |

Demographics

| Dem | ograpines | | |
|--|--|-----------|--|
| Patient number (1-20) | | | |
| Date of consent (required for UK sites, optional for others) | | | |
| | Respiratory failure | | |
| | Circulatory failure | | |
| | Combined respiratory/circulatory | y failure | |
| | Severe sepsis (according to Sepsi | s 3) | |
| | Multitrauma without head injury | | |
| Reason for ICU-admission | Multitrauma with head injury | | |
| (mark answer) | Isolated head injury | | |
| | Intoxication | | |
| | Non-traumatic cerebral pathology | | |
| | Emergency surgery | | |
| | Other causes | | |
| Age at admission (must be 80 or above) | | | |
| Gender (M/F) (mark answer) | Male | Female | |
| Habitat before admission (mark answer) | Own home (including if with spo Other home with family or careg Nursing home Hospital ward Other | | |

Unknown

SOFA score (at or close to time of admission)

| Organ system | Grading | Score (0-4) |
|--|--|-------------|
| Respiratory system: PaO2/FiO2 | 0 pts: >400 mmHg (>= 53 kPa) 1 pt: <400 mmHg (< 53 kPa) 2 pts: <300 mmHg (< 40 kPa) 3 pts: < 200 mmHg (< 27 kPa) AND mechanically ventilated 4 pts: < 100 mmHg (< 13 kPa) AND mechanically ventilated | |
| Nervous system: Glasgow coma scale score | 0 pts: GCS 15 1 pt: GCS 13-14 2 pts: 10-12 3 pts: 6-9 4 pts: <6 | |
| Cardiovascular system: Mean arterial pressure OR administration of vasopressors required | 0 pts: MAP ≥ 70 mmHg 1 pt: MAP < 70 mmHg 2 pts: Dopamine ≤ 5 μg/kg/min or dobutamine (any dose) 3 pts: Dopamine > 5 μg/kg/min OR epinephrine ≤ 0.1 μg/kg/min OR norepinephrine ≤ 0.1 μg/kg/min 4 pts: Dopamine > 15 μg/kg/min OR epinephrine > 0.1 μg/kg/min OR norepinephrine > 0.1 μg/kg/min | |
| Liver: Bilirubin | 0 pts: < 20 μmol/L (< 1.2 mg/dL) 1 pt: 20-32 μmol/L (1.2-1.9 mg/dL) 2 pts: 33-101 μmol/L (2.0-5.9 mg/dL) 3 pts: 102-204 μmol/L (6.0-11.9 mg/dL) 4 pts: > 204 μmol/L (>12.0 mg/dL) | |
| Coagulation: Platelets (10³/μL or 10 ⁹ /L) | 0 pts: ≥ 150 10^3/µl 1 pt: < 150 10^3/µl 2 pts: < 100 10^3/µl 3 pts: < 50 10^3/µl 4 pts: < 20 10^3/µl | |
| ^{Kidneys:} Creatinine (μmol/L) | 0 pts: < 110 (< 1.2 mg/dL) 1 pt: 110-170 (1.2-1.9 mg/dL) 2 pts: 171-299 (2.0-3.4 mg/dL) 3 pts: 300-440 (3.5-4.9 mg/dL) (or < 500 ml/day) 4 pts: > 440 (> 5.0 mg/dL) (or < 200 ml/day) | |
| SOFA score total (sum of (automatically calculated online) | organ system scores) | |

Clinical Frailty Scale

| Frailty score (1-9) (see scale at end of document) | 1 = Very fit 2 = Well 3 = Managing well 4 = Vulnerable 5 = Mildly frail 6 = Moderately frail 7 = Severely frail 8 = Very severely frail 9 = Terminally ill |
|--|--|
| Assessors profession (mark answer) | ICU nurse ICU physician Dedicated research staff Other |
| Information obtained from (mark answer) | Patient Family/caregivers Hospital records Other |

If your site is participating in CFS interrater test supply the following from the secondary assessor/rater:

| Frailty score (1-9) (assessor no. 2) | 1 = Very fit 2 = Well 3 = Managing well 4 = Vulnerable 5 = Mildly frail 6 = Moderately frail 7 = Severely frail 8 = Very severely frail 9 = Terminally ill |
|--|--|
| Assessors profession (assessor no. 2) | ICU nurse ICU physician Dedicated research staff Other |
| Information obtained from (assessor no. 2) | Patient Family/caregivers Hospital records Other |

IQCODE - Informant Questionnaire on Cognitive Decline in the Elderly

This questionnaire must be completed in a conversation with a person that knows the patients for a significant time period, as all questions relate to the patients' performance 10 years ago.

Each question is rated from 1-5 where 3 is unchanged, and higher score illustrates declining performance.

Was performed

The questionnaire is self-evident, it is permissible to skip questions if the person being questioned does not know.

In the end the score is simply the mean of the questions answered.

There are 16 questions, and if 13 is answered we will calculate the mean. The number of questions answered is recorded and the sum of scores calculated.

| IQCODE scoring (mark answer) | Was NOT possible (missing next of kin / caregiver) | | | | | |
|--|---|-----------------------|----------------|-----------------------|----------------|---------------|
| (mark answer) | Was possible (next of kin / caregiver available) BUT NOT performed | | | | | |
| (check answer) | | Much impro- ved | A bit improved | Not much change | A bit worse | Much worse |
| 1. Remembering things about to addresses? | family and friends - eg, occupations, birthdays, | | | | | |
| 2. Remembering things that ha | ve happened recently? | | | | | |
| 3. Recalling conversations a fev | w days later? | | | | | |
| 4. Remembering his/her addre | ss and telephone number? | | | | | |
| 5. Remembering what day and | month it is? | | | | | |
| 6. Remembering where things | are usually kept? | | | | | |
| 7. Remembering where to find from usual? | things which have been put in a different place | | | | | |
| 8. Knowing how to work familia | ar machines around the house? | | | | | |
| 9. Learning to use a new gadge | et or machine around the house? | | | | | |
| 10. Learning new things in gen | eral? | | | | | |
| 11. Following a story in a book | or on TV? | | | | | |
| 12. Making decisions on everyo | day matters? | | | | | |
| 13. Handling money for shoppi | ng? | | | | | |
| 14. Handling financial matters | eg, the pension, dealing with the bank? | | | | | |
| | rithmetic problems - eg, knowing how much food to en visits from family or friends? | | | | | |
| 16. Using his/her intelligence to through? | o understand what's going on and to reason things | | | | | |
| IQCODE score (calculated automatically or | nline) | | | | | |

KATZ - Katz Index of Independence in Activities of Daily Living

This simple questionnaire assesses six usual activities: Bathing, dressing, toileting, transferring, continence and feeding.

A short explanation is given to each score where 1 represents Independence and 0 Dependence.

The higher the score (max 6) the better the function of ADL are.

This information should be obtained during the initial conversation with the patient/next-of kin.

Independence = 1 point, Dependence = 0 points.

| Independence = 1 point, I | Dependence = 0 points. | |
|---|--|--------|
| Katz scoring (mark answer) | Was performed Was NOT possible (missing next of kin / caregiver) Was possible (next of kin / caregiver available) BUT NOT perfor | rmed |
| | | Points |
| area or disabled extremit | ely or needs help in bathing only a single part of the body such as back, genital y. hing more than one part of the body, getting in or out of the tub or shower. | |
| fasteners. May have help | sets and drawers and puts on clothes and outer garments complete with tying shoes. essing self or needs to be completely dressed. | |
| _ | on and off, arranges clothes, cleans genital area without help. rring to the toilet, cleaning self or uses bedpan or commode. | |
| | bed or chair unassisted. Mechanical transfer aids are acceptable. ng from bed to chair or requires a complete transfer. | |
| | self-control over urination and defecation. y incontinent of bowel or bladder. | |
| another person. | plate into mouth without any help. Preparation of food may be done by tal help with feeding or requires parental feeding. | |
| Total points (6 = high i.e. patient is included) (automatically calculated) | dependent, 0 = Low i.e. patient is dependent) online). | |

CPS - Co-morbidity and Polypharmacy score

| This is very simple method to measure comorbidity. All chronic co-morbid conditions are given 1 point, and each drug the patients is taking daily are given 2. The sum is the CPS score. Remember that cardiovascular dysfunction is counted per aspect (patient with hypertension, atrial fibrillation and congestive heart f points, even if all are CV comorbidities. Since such information relates to before ICU and even hospital additions are convenient time-point within the first 24 hours. | if relevant), e.g. a ailure would be given 3 |
|---|---|
| Number of chronic co-morbidities | |
| Number of drugs taken daily | |
| CPS score (sum) (automatically calculated online) | |

ICU interventions

| Intubation and mechanical ventilation? | Yes | No | Unknown |
|---|-----|----|---------|
| If Yes, start of intubation and mechanical ventilation (day number) (Day number. Whole number. The day the treatment was started. The day of admission is number 1) | | | |
| If Yes, duration of intubation and mechanical ventilation (Sum of hours, cumulated for ICU stay (whole number). If extubated and re-intubed, please supply the total (added) amount of hours intubated and on mechanical ventilation) | | | |
| Tracheostomy performed? (Tracheostomy performed with any technique (surgical, dilatational etc.) during ICU stay) | Yes | No | Unknown |

| Vasoactive drugs used? (Vasopressors, inopressors or inodilators (at any point during the ICU stay). Only if adrenergic agents were used. Pure vasodilators should be disregarded). | Yes | No | Unknown |
|---|-----|----|---------|
| If Yes, Start of treatment with vasoactive drugs (Day number. Whole number. The day the treatment was started. The day of admission is number 1) | | | |
| If Yes, Duration of treatment with vasoactive drugs Sum hours (whole number, cumulated hours during ICU stay). | | | |
| Renal Replacement Therapy used? | Yes | No | Unknown |
| If Yes, Start of Renal Replacement Therapy (RRT) (Day number. Whole number. The day the treatment was started. The day of admission is number 1) | | | |
| If Yes, Duration of Renal Replacement Therapy (RRT) Sum hours (whole number, cumulated hours during ICU stay). | | | |
| Non-invasive ventilation (NIV)? | Yes | No | Unknown |
| If Yes, Start of Non-invasive ventilation (NIV) (Day number. Whole number. The day the treatment was started. The day of admission is number 1) | | | |
| If Yes, Duration of Non-invasive ventilation (NIV) Sum hours (whole number, cumulated hours during ICU stay). | | | |

Outcome

| Life sustaining care withheld | Yes | No | Unknown |
|--|--|------|----------------------|
| If Yes, when was decision made to withhold life sustaining care (Day number. Whole number. The day of admission is number 1) | | | |
| Life sustaining care withdrawn | Yes | No | Unknown |
| If Yes, when was decision made to withdraw life sustaining care (Day number. Whole number. The day of admission is number 1) | | | |
| Survived to ICU discharge | Yes | No | Unknown |
| ICU length of stay Sum of hours from admission until discharge (or death if patient died in the ICU). | | | |
| Vital status at 30 days? (from day of ICU admission) | Alive | Dead | Unknown |
| Vital status at 6 months? (from day of ICU admission) (if your ICU participates in 6 months follow-up) | Alive | Dead | Unknown |
| How was survival assessed? (mark answer) | Direct contact Direct contact National regis | | general practitioner |

Clinical Frailty Scale



1 Very Fit – People who are robust, active, energetic and motivated. These people commonly exercise regularly. They are among the fittest for their age.



7 Severely Frail – Completely dependent for personal care, from whatever cause (physical or cognitive). Even so, they seem stable and not at high risk of dying (within ~ 6 months).



2 Well – People who have no active disease symptoms but are less fit than category 1. Often, they exercise or are very active occasionally, e.g. seasonally.



8 Very Severely Frail – Completely dependent, approaching the end of life. Typically, they could not recover even from a minor illness.



3 Managing Well – People whose medical problems are well controlled, but are not regularly active beyond routine walking.



9 Terminally III – Approaching the end of life. This category applies to people with a life expectancy <6 months, who are not otherwise evidently frail.



4 Vulnerable – While not dependent on others for daily help, often symptoms limit activities. A common complaint is being "slowed up", and/or being tired during the day.



5 Mildly Frail – These people often have more evident slowing, and need help in high order IADLs (finances, transportation, heavy housework, medications). Typically, mild frailty progressively impairs shopping and walking outside alone, meal preparation and housework.



6 Moderately Frail – People need help with all outside activities and with keeping house. Inside, they often have problems with stairs and need help with bathing and might need minimal assistance (cuing, standby) with dressing.

Scoring frailty in people with dementia

The degree of frailty corresponds to the degree of dementia. Common **symptoms in mild dementia** include forgetting the details of a recent event, though still remembering the event itself, repeating the same question/story and social withdrawal.

In **moderate dementia**, recent memory is very impaired, even though they seemingly can remember their past life events well. They can do personal care with prompting.

In **severe dementia**, they cannot do personal care without help.

| Activities Points (1 or 0) | Independence (1 Point) | Dependence (0 Points) |
|----------------------------|--|---|
| | NO supervision, direction or personal assistance. | WITH supervision, direction, personal assistance or total care. |
| BATHING | (1 POINT) Bathes self completely or needs help in bathing only a single part | (0 POINTS) Need help with bathing more than one part of the |
| Points: | of the body such as the back, genital area or disabled extremity. | body, getting in or out of the tub or shower. Requires total bathing |
| DRESSING | (1 POINT) Get clothes from closets | (0 POINTS) Needs help with |
| Points: | and drawers and puts on clothes and outer garments complete with fasteners. May have help tying shoes. | dressing self or needs to be completely dressed. |
| TOILETING | (1 POINT) Goes to toilet, gets on and | (0 POINTS) Needs help |
| Points: | off, arranges clothes, cleans genital area without help. | transferring to the toilet, cleaning self or uses bedpan or commode. |
| TRANSFERRING | (1 POINT) Moves in and out of bed or chair unassisted. Mechanical transfer | (0 POINTS) Needs help in moving from bed to chair or requires a |
| Points: | aids are acceptable | complete transfer. |
| CONTINENCE | (1 POINT) Exercises complete self control over urination and defecation. | (0 POINTS) Is partially or totally incontinent of bowel or bladder |
| Points: | control over difficultion and defecation. | medicinent of bower of bladder |
| FEEDING | (1 POINT) Gets food from plate into mouth without help. Preparation of food | (0 POINTS) Needs partial or total help with feeding or requires |
| Points: | may be done by another person. | parenteral feeding. |

When entering data in the online form, the ICU ID and the email address of the ICU primary contact is needed.

Sincerely, the VIP2 steering committee www.vip2study.com contact@vip2study.com